

October 2016

Marion County

Marion County Health Department

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# Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health



## Breast Cancer

### What you Need to Know

*Cancer* is a disease in which cells in the body grow out of control. When cancer starts in the breast, it is called *breast cancer*. Except for skin cancer, breast cancer is the most common cancer in American women.

Breast cancer *screening* means checking a women's breasts for cancer before she has any symptoms. A *mammogram* is an X-ray picture of the breast. Mammograms are the best way to find breast cancer early, when

it is easier to treat and before it is big enough to feel or cause symptoms.

**Most women who are 50 to 74 years old should have a screening mammogram every two years.** If you are 40 to 49 years old, or think you may have a higher risk of breast cancer, ask your doctor when to have a screening mammogram.

### Some things may increase your risk

The main factors that influence your breast cancer risk are being a woman and getting older. Other risk factors include -

- Changes in breast cancer-related genes (BRCA1 or BRCA2).
- Having your first menstrual period before age 12.
- Never giving birth, or being older when your first child is born.
- Starting menopause after age 55.
- Taking hormones to replace missing estrogen and progesterone in menopause for more than five years.
- Taking oral contraceptives (birth control pills).
- A personal history of breast cancer, dense breasts, or some other breast problems.
- A family history of breast cancer (parent, sibling, or child).
- Getting radiation therapy to the breast

or chest.

- Being overweight, especially after menopause.

### Symptoms

- Some warning signs of breast cancer are -
- New lump in the breast or underarm (armpit).
- Thickening or swelling of part of breast skin.
- Redness or flaky skin in the nipple area or the breast.
- Pulling in of the nipple or pain in the nipple area.
- Nipple discharge other than breast milk, including blood.
- Any change in the size or the shape of the breast.
- Pain the breast.

### Think...

Love  
Patience  
Winning Attitude!  
Laughter  
Survivor!  
Fabulously Fierce Women  
Courage  
Gratitude  
Joy  
Kindness  
Persistence



Think Pink. Think Cure.

In loving memory of  
Ola Mae Jenkins, Breast Cancer Survivor

# Marion County Board of Health

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 Richard Haney, BS, MS, EDS      Aziz Rahman, MD      Keith Kessler, BS, JD  
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Marion County

## August 2016 Statistics

### Clinics

<b>Blood Pressure/Blood Sugar Clinics</b> ..10
Persons served: Blood Pressure.....14
Persons served: Blood Sugar ..... 6
<b>Paternity Testing Clinics</b> ..... 3
Number tested.....10

### Immunizations

<b>Number of Clinics</b> .....10
No. of adults ..... 86
No. of adults immunized..... 32
No. of peditrics . ..... 276
No. of peditrics immunized .....516
Total of vaccines administered .... 548

### Children's Immunizations

Pediarix..... 30
Pediatric Flu ..... 0
Hib ..... 39
Prevnar .....41
Rotavirus .....13
Hep A ..... 36
Dtap.....12
MMR .....51
Tdap .....41
Hepatitis B ..... 0
Varicella .....75
Kinrix ..... 29
Gardasil ..... 35
Meningitis.....107
Pentacel..... 0
IPV (Polio) .....7
Td ..... 0

### Adult Immunizations

Hepatitis A ..... 2
Hepatitis B ..... 4
Flu .....1
Meningitis.....0
MMR ..... 0
Pneumonia 23 .....1
TD..... 1
Tdap .....16
Typhoid.....1
Varicella ..... 27
Yellow Fever ..... 2
Zostavax ..... 4
Prevnar 13..... 3

### Nursing

<b>Active WIC</b> ..... 1095
Prenatal Clients .....144

### Nursing Continued...

Infant Clients ..... 255
Child Clients ..... 84
Number of Visits..... 314
Prenatal ..... 52
Postpartum ..... 52
Infant Visits ..... 106
Child Visits..... 104
SIDS Investigations ..... 0
APORS Investigations .....13
Health Works Active Case Load..... 57
WIC Clients receiving Education . 140
WSSM / WIC Education ..... 98
Internet WIC Education.....12

### Communicable Disease Investigations

Chickenpox ..... 0
Cryptosporidiosis .....1
Hepatitis B ..... 0
Hepatitis C ..... 2
Histoplasmosis ..... 0
HIV/AIDS Cases Investigated ..... 0
HIV Test..... 2
Salmonellosis.....1
Streptococcal Infections (Group A) . 0
Whooping Cough (Pertussis) ..... 0

### Sexually Transmitted Disease

Chlamydia ..... 7
Gonorrhea ..... 5
Syphilis..... 0

### TB (Tuberculosis)

Tests Administered..... 95
New Prophylactic Patients..... 0
New Investigations ..... 2
New Active Cases ..... 0

### Drug Testing

5-Panel Regulated Urine Test ..... 0
9-Panel Non-Regulated Urine Test . 2
5-Panel Hair Test..... 0

### Screenings

Lead ..... 66
Hemoglobins .....141
ASQ Developmental Screenings..... 84
Depression Screenings ..... 75
EPSDT'S ..... 42
Flouride Varnish (Oral Health)..... 26
Number of Vision Tested..... 2
Number of Hearing Tested..... 4
OAE Hearing Tested ..... 2

### Lab Draws

<b>Private Pay</b>
Salem Office ..... 47
Centralia Office .....32
Total Private Pay Lab Draws..... 79
<b>Quest Lab Draws</b>
Salem Office .....0
Centralia Office ..... 1
Total Quest Lab Draws ..... 1

### Environmental Health

#### Food

Routine Inspections.....26
Follow-up Inspections .....0
Complaint Inspections ..... 1
Temporary Inspections ..... 17
Pre-Operational Inspections ..... 1
Emergency Incident Inspections .....0
Number of Permits Issued .....32

#### Sewage

Routine Inspections..... 7
Complaint Inspections .....3
Realty Inspections .....0
Sewage Systems Installed..... 7
Number of Permits Issued ..... 9

#### Water

New System Inspections.....0
Existing Water Well Inspections.....0
Realty Inspections .....0
Complaint Inspections .....0
Water Wells Sealed .....0

#### Closed Loop Wells

Closed Loop Well Inspections .....0
Systems Inspected .....0
Number of Permits Issued .....0

#### Tanning

Routine Inspections.....0
Follow-up Inspections .....0
Complaint Inspections .....0

#### Body Art

Routine Inspections.....0
Follow-up Inspections .....0
Complaint Inspections .....0

#### Miscellaneous

Animal Bites.....0
Pregnancy Tests .....0

