

October 2017

Marion County Health Department

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Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health



Flu and You!

Flu is a serious contagious disease that can lead to hospitalization and sometimes death.

How does flu spread?

Flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. A person might also get flu by touching a surface or object that has flu virus on it and then touching their own eyes, mouth or nose.

How long can a sick person spread flu to others?

People infected with flu shed virus and may be able to infect others from 1 day before getting sick to about 5-7 days after getting sick. This can be longer in some people, especially children and people with weakened immune systems. This means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.

What can I do to protect myself from getting the flu?

CDC recommends a three-step approach to fighting the flu: vaccination, everyday preventive actions, and the correct use of antiviral drugs if your doctor recommends them.

1 A flu vaccine is the first and most important step in protecting



against flu viruses. Everyone 6 months of age and older should get vaccinated against the flu each year. Vaccination of high risk persons is especially important. Vaccination also is important for health care workers.

2 Take everyday actions to help prevent the spread of germs that cause respiratory illnesses. Try to avoid close contact with sick people. If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone. Cover your nose and mouth with a tissue when you cough or sneeze. Wash your hands often with soap and water. Clean and disinfect surfaces and objects that may be contaminated with germs.

3 Take flu antiviral drugs if your doctor prescribes them. Antiviral drugs work best when started in the first 2 days of symptoms to treat people who are very sick or people who are sick with flu symptoms and who are at

increased risk of severe flu illness.

What should I do if I get sick?

If you become ill with influenza symptoms you should stay home and avoid contact with other people except to seek medical care. Most people are able to recover at home from flu without medical care.

Flu symptoms can include:

- fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue sometimes diarrhea and vomiting. It's important to note that not everyone with flu will have a fever.

At the Marion County Health Department we offer the regular dose and high dose flu shot. Adult Walk-Ins—Monday through Friday from 8am-4pm. For children, you may call to schedule an appointment. Salem Office: 618-548-3878 Centralia Office: 618-532-6518



Marion County Board of Health

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August 2017 Statistics

Clinics

Blood Pressure/Blood Sugar Clinics ... 9
Persons served: Blood Pressure..... 9
Persons served: Blood Sugar12
Paternity Testing Clinics 2
Number tested..... 9

Immunizations

Number of Clinics 9
No. of adults 79
No. of adults immunized.....31
No. of pediatrics252
No. of pediatrics immunized516
Total of vaccines administered 547

Children's Immunizations

Pediarix.....13
Pediatric Flu 0
Hib 35
Prevnar 34
Rotavirus15
Hep A 39
Dtap.....48
MMR.....44
Tdap 66
Hepatitis B 2
Varicella 49
Kinrix 20
Gardasil 27
Meningitis..... 121
Pentacel..... 0
IPV (Polio) 33
Td 0

Adult Immunizations

Hepatitis A 0
Hepatitis B 3
Flu 0
Meningitis..... 0
MMR..... 0
Pneumonia 231
TD..... 1
Tdap21
Typhoid..... 2
Varicella1
Yellow Fever1
Zostavax 0
Prevnar 13.....1

Nursing

Active WIC 1065
Prenatal Clients132

Nursing Continued...

Infant Clients 229
Child Clients71
Number of Visits.....348
Prenatal71
Postpartum 55
Infant Visits112
Child Visits.....110
SIDS Investigations 0
APORS Investigations 9
Health Works Active Case Load..... 52
WIC Clients receiving Education..177
WSSM / WIC Education125
Internet WIC Education.....14

Communicable Disease Investigations

Chickenpox 0
Cryptosporidiosis 0
Hepatitis B 0
Hepatitis C 7
Histoplasmosis 0
HIV/AIDS Cases Investigated 0
HIV Test..... 3
Salmonellosis.....1
Streptococcal Infections (Group A) ..1
Whooping Cough (Pertussis) 0

Sexually Transmitted Disease

Chlamydia15
Gonorrhea 5
Syphilis..... 0

TB (Tuberculosis)

Tests Administered.....61
New Prophylactic Patients..... 0
New Investigations 0
New Active Cases 0

Drug Testing

5-Panel Regulated Urine Test 0
9-Panel Non-Regulated Urine Test . 0
5-Panel Hair Test.....0

Screenings

Lead 77
Hemoglobins 148
ASQ Developmental Screenings..... 103
Depression Screenings 89
EPSDT'S 54
Flouride Varnish (Oral Health)..... 57
Number of Vision Tested.....1
Number of Hearing Tested..... 4
OAE Hearing Tested 0

Lab Draws

Private Pay
Salem Office53
Centralia Office26
Total Private Pay Lab Draws..... 79
Quest Lab Draws
Salem Office9
Centralia Office8
Total Quest Lab Draws 17

Environmental Health

Food

Routine Inspections..... 55
Follow-up Inspections 2
Complaint Inspections 1
Temporary Inspections 18
Pre-Operational Inspections3
Emergency Incident Inspections0
Number of Permits Issued 31

Sewage

Routine Inspections.....6
Complaint Inspections 1
Realty Inspections3
Sewage Systems Installed.....6
Number of Permits Issued9

Water

New System Inspections.....0
Existing Water Well Inspections.....0
Realty Inspections0
Complaint Inspections0
Water Wells Sealed0

Closed Loop Wells

Closed Loop Well Inspections0
Systems Inspected0
Number of Permits Issued0

Tanning

Routine Inspections.....0
Follow-up Inspections0
Complaint Inspections0

Body Art

Routine Inspections.....0
Follow-up Inspections0
Complaint Inspections0

Miscellaneous

Animal Bites.....0
Pregnancy Tests0

