

December 2016

Marion County

Marion County Health Department

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Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health



Winter storms and cold temperatures can be hazardous. Stay safe and healthy by planning ahead. Prepare your home and cars. Prepare for power outages and outdoor activity. Check on older adults.

Although winter comes as no surprise, many of us are not ready for its arrival. If you are prepared for the hazards of winter, you will be more likely to stay safe and healthy when temperatures start to fall.

Take These Steps for Your Home

Many people prefer to remain indoors in the winter, but staying inside is no guarantee of safety. Take these steps to keep your home safe and warm during the winter months.

◆ Winterize your home.

Install weather stripping, insulation, and storm windows, insulate water lines that run along exterior walls, cleanout your gutters and repair roof leaks.

◆ Check your heating systems.

Have your heating system serviced professionally to make sure that it is clean, working properly, and ventilated to the outside. Inspect and clean fireplaces and chimneys.



Install a smoke detector.

Test batteries monthly.

Have a safe alternate heating source and alternate fuels available.

Prevent carbon monoxide (CO) emergencies.

Install a CO detector to alert you of the presence of the deadly, odorless gas. Check batteries when you change your clocks in the fall and spring.

Learn symptoms of CO poisoning: headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion.

◆ Don't Forget to Prepare Your Car

Get your car ready for cold weather use before winter arrives.

Keep gas tank full to avoid ice in the tank and fuel lines.

Use a wintertime formula in your windshield washer.

Prepare a winter emergency kit to keep in your car in case you become stranded. The kit should include:

- Blankets;
- Food and water;
- Booster cables, flares, tire pump, and a bag of sand or cat litter (for traction);
- Compass and maps;
- Flashlight, battery-powered radio, and extra batteries;
- First-aid kit; and
- Plastic bags (for sanitation)

◆ Equip in Advance for Emergencies

Be prepared for weather-related emergencies, including power outages.

- Stock food that needs no cooking or refrigeration and water stored in clean containers.
- Ensure that your cell phone is fully charged.

- Keep an up to date emergency kit available.

◆ Take These Precautions Outdoors

Many people spend time outdoors in the winter working, traveling, or enjoying winter sports. Outdoor activities can expose you to several safety hazards, but you can take these steps to prepare for them:

Wear appropriate outdoor clothing: layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.

Sprinkle cat litter or sand on icy patches.



Learn safety precautions to follow when outdoors.

Be aware of the wind chill factor. Work slowly when doing outside chores. Carry a cell phone. Take a buddy and an emergency kit when you are participating in outdoor recreation.

Marion County Board of Health

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Marion County

October 2016 Statistics

Clinics

Blood Pressure/Blood Sugar Clinics ...	8
Persons served: Blood Pressure.....	9
Persons served: Blood Sugar	4
Paternity Testing Clinics	3
Number tested.....	6

Immunizations

Number of Clinics	8
No. of adults	89
No. of adults immunized.....	42
No. of pediatrics	170
No. of pediatrics immunized	314
Total of vaccines administered	356

Children's Immunizations

Pediarix.....	13
Pediatric Flu	77
Hib	24
Prevnar	24
Rotavirus	7
Hep A	20
Dtap.....	15
MMR.....	19
Tdap.....	19
Hepatitis B.....	4
Varicella	26
Kinrix	12
Gardasil	16
Meningitis.....	32
Pentacel.....	0
IPV (Polio)	6
Td	0

Adult Immunizations

Hepatitis A	6
Hepatitis B	9
Flu	818
Meningitis.....	19
MMR.....	11
Pneumonia 23	9
TD.....	2
Tdap	16
Typhoid.....	4
Varicella	0
Yellow Fever	4
Zostavax	5
Prevnar 13.....	93

Nursing

Active WIC	1000
Prenatal Clients	135

Nursing Continued...

Infant Clients	247
Child Clients	75
Number of Visits.....	264
Prenatal	41
Postpartum	40
Infant Visits	103
Child Visits.....	80
SIDS Investigations	0
APORS Investigations	9
Health Works Active Case Load.....	58
WIC Clients receiving Education..	177
WSSM / WIC Education	105
Internet WIC Education.....	12

Communicable Disease Investigations

Chickenpox	0
Cryptosporidiosis	0
Hepatitis B	1
Hepatitis C	4
Histoplasmosis	0
HIV/AIDS Cases Investigated	1
HIV Test.....	3
Salmonellosis.....	0
Streptococcal Infections (Group A) .	0
Whooping Cough (Pertussis)	0

Sexually Transmitted Disease

Chlamydia	4
Gonorrhea	0
Syphilis.....	0

TB (Tuberculosis)

Tests Administered.....	23
New Prophylactic Patients.....	0
New Investigations	0
New Active Cases	0

Drug Testing

5-Panel Regulated Urine Test	0
9-Panel Non-Regulated Urine Test .	0
5-Panel Hair Test.....	0

Screenings

Lead	32
Hemoglobins	100
ASQ Developmental Screenings.....	80
Depression Screenings	51
EPSDT'S	44
Flouride Varnish (Oral Health).....	28
Number of Vision Tested.....	0
Number of Hearing Tested.....	2
OAE Hearing Tested	1

Lab Draws

Private Pay	
Salem Office	51
Centralia Office	25
Total Private Pay Lab Draws.....	76
Quest Lab Draws	
Salem Office	6
Centralia Office	0
Total Quest Lab Draws	6

Environmental Health

Food

Routine Inspections.....	35
Follow-up Inspections	1
Complaint Inspections	1
Temporary Inspections	0
Pre-Operational Inspections	3
Emergency Incident Inspections	0
Number of Permits Issued	19

Sewage

Routine Inspections.....	6
Complaint Inspections	0
Realty Inspections	2
Sewage Systems Installed.....	6
Number of Permits Issued	6

Water

New System Inspections.....	0
Existing Water Well Inspections.....	1
Realty Inspections	0
Complaint Inspections	0
Water Wells Sealed	0

Closed Loop Wells

Closed Loop Well Inspections	0
Systems Inspected	0
Number of Permits Issued	0

Tanning

Routine Inspections.....	1
Follow-up Inspections	0
Complaint Inspections	0

Body Art

Routine Inspections.....	1
Follow-up Inspections	0
Complaint Inspections	0

Miscellaneous

Animal Bites.....	0
Pregnancy Tests	0

