

March 2019

Marion County Health Department

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Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



March is National Colorectal Cancer Awareness

Excluding skin cancers, colorectal cancer is the third most common cancer diagnosed in both men and women in the United States. The American Cancer Society's estimates that in 2019 there will be over 101,420 new cases of colorectal cancer in the United States which is expected to cause about 51,020 deaths during 2019.

Overall, the lifetime risk of developing colorectal cancer is about 1 in 22 (4.49%) for men and 1 in 24 (4.15%) for women. Some of the risk factors for colorectal cancer include being overweight or obese, physical inactivity, a diet consuming red meats and processed meats, smoking, heavy alcohol use, older than 50 years of age, personal or family history of colorectal polyps and personal history of inflammatory bowel disease.

Regular screenings, such as a colonoscopy can often find colorectal cancer early, when it is most likely to be curable, or prevented. Some polyps, or growths, can be found and removed before they have a chance to turn into cancer. The greatest risk factor for colorectal cancer is the failure to be screened. For many reasons people are resistant to the idea of having a colonoscopy.

The American Cancer Society recommends that all adults at average risk of colorectal cancer start routine screening at 45 through 75 years of age using a stool based test such as a high-sensitivity fecal test, like a FIT annually or a visual examination such as a colonoscopy every 10 years, CT Colonography or flexible Sigmoidoscopy every 5 years. If a person chooses to be screened with a test other than a colonoscopy, any abnormal test result should be followed up promptly with a colonoscopy to complete the screening.

A Fecal Immunochemical Test or FIT may be a good option for people aged 45 to 75 who are resistant to getting a colonoscopy. The test is simple, non-invasive and easy to use. The sample can be collected in the privacy of your own home. FIT results aren't impacted by food or medication. The FIT is very sensitive to detecting human blood found in a stool sample and is up to 97% effective in detecting positive results and up to 92% effective in detecting negative results. Any type of rectal bleeding is abnormal and should be evaluated by a physician.

All persons 45-75 years of age may call the Marion County Health Department, Salem Office, Monday through Friday at 618-548-3878 to get further information of **FREE** FIT kits. All callers will be screened over the phone for FIT eligibility.



For the Month of March, the General Health Profile (GHP) will be at a discounted price of **\$40.00!**

It is important to monitor your own health by having routine blood work done periodically. A General Health Profile Lab (GHP), includes certain tests that help evaluate overall health and wellness. The GHP includes comprehensive metabolic panel, complete blood count, TSH, T4 Total, cholesterol and thyroid screening. The test results can give important information about the health of the heart, kidneys, liver, thyroid and blood components.

To schedule a lab appointment for the *discounted price* of the General Health Profile test call the Salem office: 618-548-3878 or Centralia office: 618-532-6518.

Marion County Board of Health

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Marion County

January 2019 Statistics

Clinics

Blood Pressure/Blood Sugar Clinics7
 Persons served: Blood Pressure..... 0
 Persons served: Blood Sugar 0
Paternity Testing Clinics..... 2
 Number of Persons Tested..... 2

Immunizations

Number of Clinics 8
 No. of adults 54
 No. of adults immz. administered . 36
 No. of peditrics107
 No. of peditrics immz. adm..... 233
 Total of vaccines administered 269

Children’s Immunizations

Pediarix 25
 Pediatric Flu 43
 Hib 30
 Prevnar 29
 Rotavirus 13
 Hep A 24
 Dtap.....7
 MMR 17
 Tdap 0
 Hepatitis B 0
 Varicella 17
 Kinrix 2
 Gardasil 8
 Meningitis..... 14
 Pentacel..... 0
 IPV (Polio) 4
 Td 0
 Men. B.....0

Adult Immunizations

Hepatitis A 3
 Hepatitis B 4
 Flu 11
 Meningitis..... 0
 MMR 0
 Pneumonia 23 5
 TD..... 2
 Tdap 4
 Typhoid..... 3
 Varicella 2
 Yellow Fever 0
 Prevnar 13..... 2
 Shingrix.....0

Maternal Child Health (MCH)

Maternal Health Encounters..... 456
WIC Caseload 1030

MCH Continued...

WIC Clients receiving Education...206
 WSSM / WIC Education 138
 Internet WIC Education13
 Individual WIC Education 26
 Lead.....29
 Hemoglobins.....114
 ASQ Developmental Screenings 93
 Depression Screenings 71
 EPSDT’S61
 Flouride Varnish (Oral Health)31
 Number of Vision Tested 0
 Number of Hearing Tested 11
 OAE Hearing Tested..... 0
 Pregnancy Tests.....1

Family Case Management

APORS Clients 9
 Healthworks Caseload..... 70

Communicable Disease Investigations

Chickenpox 0
 Cryptosporidiosis 0
 Hepatitis B 1
 Hepatitis C 3
 Histoplasmosis 0
 HIV/AIDS Cases Investigated 0
 HIV Test 2
 Salmonellosis 2
 Streptococcal Infections (Group A) . 0
 Whooping Cough (Pertussis) 0

Sexually Transmitted Disease

Chlamydia 18
 Gonorrhea 9
 Syphilis..... 0

TB (Tuberculosis)

Tests Administered..... 37
 New Prophylactic Patients 0
 New Investigations 0
 New Active Cases..... 0

Drug Testing

5-Panel Hair Drug Test 0
 9-Panel Non-Regulated Urine Test . 0
 5-Panel Hair Test w/ Exp.Opiates ... 0

Lab Draws

Private Pay

Salem Office 46
 Centralia Office.....14
Total Private Pay Lab Draws 60

Quest Lab Draws

Salem Office 5
 Centralia Office 8
Total Quest Lab Draws 13

Environmental Health

Food

Routine Inspections.....30
 Follow-up Inspections4
 Complaint Inspections 1
 Temporary Inspections0
 Pre-Operational Inspections2
 Emergency Incident Inspections0
 Number of Permits Issued20

Sewage

Routine Inspections.....0
 Complaint Inspections0
 Realty Inspections0
 Sewage Systems Installed.....0
 Number of Permits Issued 1

Water

New System Inspections.....0
 Existing Water Well Inspections.....0
 Realty Inspections0
 Complaint Inspections0
 Water Wells Sealed0
 Number of Permits Issued.....0

Closed Loop Wells

Closed Loop Well Inspections0
 Systems Installed0
 Number of Permits Issued0

Tanning

Routine Inspections.....0
 Follow-up Inspections0
 Complaint Inspections0

Body Art

Routine Inspections..... 1
 Follow-up Inspections 0
 Complaint Inspections 0

Miscellaneous

Animal Bites 0

FIT Test

Female.....1 Male.....1

