

June 2017

Marion County Health Department

118 Cross Creek Blvd., Salem, IL 62881  
618.548.3878  
1013 N. Poplar St., Centralia, IL 62801  
618.532.6518  
www.marioncountyhealthdept.org

Marion County

# Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health



**JUNE** is National Safety Month! During National Safety Month, Marion County Health Department is working with community members to help reduce the risk of prescription drug abuse. This June, we encourage you to learn more about important safety issues like prescription killer abuse. Prescription painkiller overdoses are a growing problem in the United States, especially among women. About 18 women die every day from a prescription painkiller overdose—more than 4 times as many as back in 1999.

Prescription drug misuse has become a large public health problem, because misuse can lead to addiction, and even overdose deaths. For teens, it is a growing problem.

- after marijuana and alcohol, prescription drugs are the most commonly misused substances by Americans age 14 and older.
- Teens misuse prescription drugs for a number of reasons, such as to get high, to stop pain, or because they think it will help them with school work.
- Many teens get prescription drugs they misuse from friends and relatives, sometimes without the person knowing.



## What Makes Prescription Drugs Unsafe?

Prescription drugs are often strong medications, which is why they require a prescription in the first place. Every medication has some risk for harmful effects, sometimes serious ones. Doctors consider the potential benefits and risks to each patient before prescribing medications and take into account a lot of different factors. When they are misused, they can be just as dangerous as drugs that are made illegally. Prescription drugs are designed to treat a specific illness or condition, but they often affect the body in other ways, some of which can be uncomfortable and in some cases, dangerous. These are called side effects. For example, opioid pain relievers can help with pain, but they can also cause constipation and sleepiness. Stimulants, such as Adderall, increase a person's ability to pay attention, but they also raise blood pressure and heart rate, making the heart work harder. These side effects can be worse when prescription drugs are not taken as prescribed or are used in combination with other substances.

## Can you Overdose or Die if you use Prescription Drugs?

Yes, more than half of the drug overdose deaths in the United States each year are caused by prescription drug misuse. Deaths from overdoses of prescription drugs have been increasing since early 1990's, largely due to increases in misuse of prescription opioid pain relievers. More than 29,700 people died from a prescription drug overdose in 2015, with alarming increases among young people ages 15 to 24.

**You can make a difference!** Find out ways to help reduce the risk of this epidemic. Marion County Health Department and Community Resource Center have formed a Drug Coalition and area community members meet once a month. Contact Lori Ryan, Marion County Health Department at 618-548-3878 regarding joining this community effort.



# Marion County Board of Health

Elizabeth Franczyk, MD  
Creighton Engel, DC, MS

Tom Turner, MS  
Mike Morton, RPH

Aziz Rahman, MD  
Keith Kessler, BS, JD

Stan Morrison, DDS  
Miriam Baumgart, MD

Paula Strother, RN

## April 2017 Statistics

### Clinics

<b>Blood Pressure/Blood Sugar Clinics</b> ...	8
Persons served: Blood Pressure.....	6
Persons served: Blood Sugar .....	7
<b>Paternity Testing Clinics</b> .....	2
Number tested.....	4

### Immunizations

<b>Number of Clinics</b> .....	8
No. of adults .....	27
No. of adults immunized.....	22
No. of pediatrics . .....	86
No. of pediatrics immunized .....	189
Total of vaccines administered .....	211

### Children's Immunizations

Pediarix.....	29
Pediatric Flu .....	2
Hib .....	34
Pprevnar .....	35
Rotavirus .....	8
Hep A .....	21
Dtap.....	9
MMR.....	10
Tdap .....	2
Hepatitis B .....	2
Varicella .....	13
Kinrix .....	3
Gardasil .....	9
Meningitis.....	7
Pentacel.....	0
IPV (Polio) .....	2
Td .....	0

### Adult Immunizations

Hepatitis A .....	4
Hepatitis B .....	3
Flu .....	1
Meningitis.....	0
MMR.....	2
Pneumonia 23 .....	1
TD.....	0
Tdap .....	12
Typhoid.....	1
Varicella .....	1
Yellow Fever .....	0
Zostavax .....	0
Pprevnar 13.....	2

### Nursing

<b>Active WIC</b> .....	1007
Prenatal Clients .....	104

### Nursing Continued...

Infant Clients .....	250
Child Clients .....	110
Number of Visits.....	209
Prenatal .....	39
Postpartum .....	30
Infant Visits .....	86
Child Visits.....	54
SIDS Investigations .....	0
APORS Investigations .....	3
Health Works Active Case Load.....	59
WIC Clients receiving Education..	172
WSSM / WIC Education .....	124
Internet WIC Education.....	18

### Communicable Disease Investigations

Chickenpox .....	0
Cryptosporidiosis .....	0
Hepatitis B .....	0
Hepatitis C .....	3
Histoplasmosis .....	0
HIV/AIDS Cases Investigated .....	0
HIV Test.....	3
Salmonellosis.....	0
Streptococcal Infections (Group A) .	0
Whooping Cough (Pertussis) .....	0

### Sexually Transmitted Disease

Chlamydia .....	6
Gonorrhea .....	2
Syphilis.....	0

### TB (Tuberculosis)

Tests Administered.....	21
New Prophylactic Patients.....	0
New Investigations .....	1
New Active Cases .....	0

### Drug Testing

5-Panel Regulated Urine Test .....	0
9-Panel Non-Regulated Urine Test .	0
5-Panel Hair Test.....	0

### Screenings

Lead .....	26
Hemoglobins .....	82
ASQ Developmental Screenings.....	65
Depression Screenings .....	52
EPSDT'S .....	38
Flouride Varnish (Oral Health).....	27
Number of Vision Tested.....	45
Number of Hearing Tested.....	41
OAE Hearing Tested .....	15

### Lab Draws

<b>Private Pay</b>	
Salem Office .....	40
Centralia Office .....	31
Total Private Pay Lab Draws.....	71
<b>Quest Lab Draws</b>	
Salem Office .....	0
Centralia Office .....	3
Total Quest Lab Draws .....	3

### Environmental Health

#### Food

Routine Inspections.....	34
Follow-up Inspections .....	0
Complaint Inspections .....	3
Temporary Inspections .....	0
Pre-Operational Inspections .....	1
Emergency Incident Inspections .....	0
Number of Permits Issued .....	14

#### Sewage

Routine Inspections.....	5
Complaint Inspections .....	1
Realty Inspections .....	1
Sewage Systems Installed.....	2
Number of Permits Issued .....	5

#### Water

New System Inspections.....	0
Existing Water Well Inspections.....	0
Realty Inspections .....	0
Complaint Inspections .....	0
Water Wells Sealed .....	1

#### Closed Loop Wells

Closed Loop Well Inspections .....	0
Systems Inspected .....	0
Number of Permits Issued .....	0

#### Tanning

Routine Inspections.....	1
Follow-up Inspections .....	0
Complaint Inspections .....	0

#### Body Art

Routine Inspections.....	0
Follow-up Inspections .....	0
Complaint Inspections .....	0

#### Miscellaneous

Animal Bites.....	0
Pregnancy Tests .....	0

