

**November
2023**

118 Cross Creek Blvd., Salem, IL 62881
618-548.3878
1013 N. Poplar St., Centralia, IL 62801
618-532.6518
www.marioncountyhealthdept.org

Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



Having prediabetes means your blood glucose (sugar) levels are higher than normal – but not high enough to be diagnosed as diabetes. Prediabetes can lead to heart disease, stroke, and type 2 diabetes, the most common form of diabetes. Prediabetes can often be reversed.

With type 2 diabetes, your body cannot properly use insulin (a hormone that helps glucose get into the cells of the body). You can get type 2 diabetes at any age, but you are at higher risk if you are older, overweight, have a family history of diabetes, are not physically active, or are a woman who had gestational diabetes.

Gestational diabetes is a kind of diabetes that some women get when they are pregnant. Even if a woman's blood sugar levels go down after her baby is born, she is at higher risk of getting type 2 diabetes later in life.

TYPE 2

BODY CAN'T USE INSULIN PROPERLY

- Can develop at any age
- Most cases can be prevented

In adults, type 2 diabetes accounts for approximately **90-95%** of all diagnosed cases of diabetes

The Marion County Health Department is recognizing Diabetes Month by offering an A1C at a discounted rate!

During the month of November
Receive an A1C for \$15!

To schedule your appointment call:

Salem Office at
618-548-3878
-or-
Centralia Office at
618-532-6518



With type 1 diabetes, your body cannot make insulin, so you need to take insulin every day. Type 1 diabetes is less common than type 2, approximately 5-10% of the people who have diabetes have type 1.

Diabetes is currently the eighth leading cause of death in the United States – and studies show that deaths related to diabetes may be under-reported! Today, 1 in 10 US adults has diabetes, and 1 in 5 don't know they have it.

An additional 96 million US adults – 1 in 3 – have prediabetes, which means their blood sugar is higher than normal, but not high enough to be considered type 2 diabetes. Without intervention, many people with prediabetes could develop type 2 diabetes within 5 years.

Marion County Board of Health

Elizabeth Franczyk, MD
Kendra Taylor, DNP, RN
Kyle Clark, DMD

Mike Morton, RPh
Keith Kessler, BS, JD
Tom Turner, MS

Paula Strother, RN
Creighton Engel, DC, MS
Seth Hahs, MD

Marion County

September 2023 Statistics

<p>Clinics</p> <p>Blood Pressure / Blood Sugar</p> <p>Persons served: Blood Pressure3</p> <p>Persons served: Blood Sugar 1</p> <p>Paternity Testing Clinics 1</p> <p>Number of Persons Tested6</p> <p>Immunizations</p> <p>Number of Clinics.....6</p> <p>No. of adults108</p> <p>No. of adults immz. adm103</p> <p>No. of peditrics78</p> <p>No. of peditrics immz. adm158</p> <p>Total of vaccines administered.....261</p> <p>Children's Immunizations</p> <p>Pediarix..... 15</p> <p>Pediatric Flu7</p> <p>Hib18</p> <p>Prevnar 17</p> <p>Rotavirus9</p> <p>Hep A.....16</p> <p>Dtap9</p> <p>MMR.....4</p> <p>Tdap.....11</p> <p>Hepatitis B.....3</p> <p>Varicella.....4</p> <p>Kinrix5</p> <p>Gardasil5</p> <p>Meningitis23</p> <p>Pentacel 0</p> <p>ProQuad8</p> <p>IPV (Polio).....3</p> <p>Td 0</p> <p>Men. B.....1</p> <p>Adult Immunizations</p> <p>Hepatitis A 0</p> <p>Hepatitis B 1</p> <p>Flu96</p> <p>Men. B 0</p> <p>Meningitis 0</p> <p>MMR.....1</p> <p>Pneumonia 23 0</p> <p>TD.....1</p> <p>Tdap.....2</p> <p>Typhoid..... 0</p> <p>Varicella..... 0</p> <p>Yellow Fever 0</p> <p>Prevnar 13..... 0</p> <p>Shingrix.....2</p>	<p>Maternal Child Health (MCH)</p> <p>Maternal Health Encounters 344</p> <p>WIC Caseload1,231</p> <p>WIC Clients receiving Education..124</p> <p>WSSM / WIC Education 25</p> <p>Internet WIC Education 2</p> <p>Individual WIC Education12</p> <p>Phone Education 85</p> <p>Lead.....41</p> <p>Hemoglobins 97</p> <p>ASQ Developmental Screenings 49</p> <p>Depression Screenings 39</p> <p>EPSDT'S28</p> <p>Flouride Varnish (Oral Health).....45</p> <p>Number of Vision Tested 0</p> <p>Number of Hearing Tested 0</p> <p>Pregnancy Tests 0</p> <p>Family Case Management</p> <p>APORS Investigations 4</p> <p>Healthworks Caseload..... 73</p> <p>Communicable Disease Investigations</p> <p>Chickenpox 0</p> <p>Cryptosporidiosis 0</p> <p>Hepatitis B 4</p> <p>Hepatitis C1</p> <p>Histoplasmosis 0</p> <p>HIV/AIDS Cases Investigated 0</p> <p>HIV Test 3</p> <p>Salmonellosis 0</p> <p>Streptococcal Infections (Group A) . 0</p> <p>Whooping Cough (Pertussis) 0</p> <p>Sexually Transmitted Disease</p> <p>Chlamydia13</p> <p>Gonorrhea 2</p> <p>Syphilis..... 0</p> <p>TB (Tuberculosis)</p> <p>Tests Administered.....12</p> <p>New Prophylactic Patients 0</p> <p>New Investigations 0</p> <p>New Active Cases 0</p> <p>Lab Draws</p> <p>Private Pay</p> <p>Salem Office50</p> <p>Centralia Office20</p> <p><i>Total Private Pay Lab Draws</i>..... 70</p> <p>Quest Lab Draws</p> <p>Salem Office 0</p> <p>Centralia Office 0</p> <p><i>Total Quest Lab Draws</i> 0</p>	<p>Environmental Health</p> <p>Food</p> <p>Routine Inspections.....46</p> <p>Follow-up Inspections28</p> <p>Complaint Inspections2</p> <p>Temporary Inspections8</p> <p>Pre-Operational Inspections3</p> <p>Emergency Incident Inspections0</p> <p>Number of Permits Issued26</p> <p>Sewage</p> <p>Routine Inspections.....3</p> <p>Complaint Inspections 1</p> <p>Realty Inspections0</p> <p>Sewage Systems Installed.....3</p> <p>Number of Permits Issued4</p> <p>Water</p> <p>New System Inspections.....0</p> <p>Existing Water Well Inspections.....0</p> <p>Realty Inspections0</p> <p>Complaint Inspections0</p> <p>Water Wells Sealed0</p> <p>Number of Permits Issued.....0</p> <p>Closed Loop Wells</p> <p>Closed Loop Well Inspections0</p> <p>Systems Installed0</p> <p>Number of Permits Issued0</p> <p>Tanning</p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Body Art</p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Miscellaneous</p> <p>Animal Bites 1</p> <p>FIT Test</p> <p>Female.....0</p> <p>Male.....0</p>
---	---	---

