

**January
2024**

118 Cross Creek Blvd., Salem, IL 62881
618-548.3878
1013 N. Poplar St., Centralia, IL 62801
618-532.6518
www.marioncountyhealthdept.org

Marion County Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



DID YOU KNOW?

1 in 10 people suffer from a Thyroid disorder

1 in 8 women will develop a thyroid disorder during her lifetime

JANUARY IS THYROID AWARENESS MONTH

Nutrients for a Happy Thyroid
Iodine ← L-Tyrosine → Seleniun → Vitamin C

More than half of the people in America that suffer from a Thyroid disorder are undiagnosed

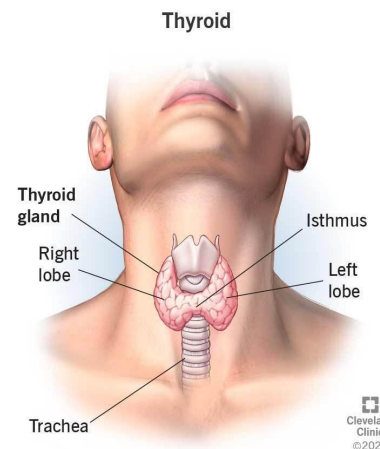
Prevalence and Impact of Thyroid Disease

- ◇ An estimated 20 million Americans have some form of thyroid disease.
- ◇ Women are five to eight times more likely than men to have thyroid problems.
- ◇ Undiagnosed thyroid disease may put patients at risk for certain serious conditions, such as cardiovascular diseases, osteoporosis and infertility.
- ◇ Pregnant women with undiagnosed or inadequately treated hypothyroidism have an increased risk of miscarriage, preterm delivery, and severe developmental problems in their children.
- ◇ Most thyroid diseases are life-long conditions that can be managed with medical attention.

Facts about the Thyroid Gland and Thyroid Disease

The thyroid is a hormone-producing gland that regulates the body's metabolism – the rate at which the body produces energy from nutrients and oxygen – and affects critical body functions, such as energy level and heart rate.

The thyroid is a gland in the front of your neck that makes hormones that impact almost all parts of your body. It affects the work of many of the body's most vital organs as in the heart, brain, liver, kidneys and skin.



The health department offers the TSH Test, T3 Free, T3 Total, T4 Free, T4 Total and Parathyroid Hormone test through our discounted lab service. If you are interested in any of these tests, call the Salem office at 618-548-3878 or Centralia office at 618-532-6518 to schedule your lab appointment.

Marion County Board of Health

Mike Morton, RPh
Kendra Taylor, DNP, RN
Kyle Clark, DMD

Paula Strother, RN
Keith Kessler, BS, JD
Tom Turner, MS

Matthew Stedelin, MD
Creighton Engel, DC, MS
Seth Hahs, MD

Marion County

November 2023 Statistics

<p>Clinics</p> <p>Blood Pressure / Blood Sugar</p> <p>Persons served: Blood Pressure 0</p> <p>Persons served: Blood Sugar 0</p> <p>Paternity Testing Clinics 1</p> <p>Number of Persons Tested11</p> <p>Immunizations</p> <p>Number of Clinics.....9</p> <p>No. of adults 152</p> <p>No. of adults immz. adm 156</p> <p>No. of peditrics79</p> <p>No. of peditrics immz. adm 167</p> <p>Total of vaccines administered.....323</p> <p>Children's Immunizations</p> <p>Pediarix..... 18</p> <p>Pediatric Flu 17</p> <p>Hib25</p> <p>Prevnar23</p> <p>Rotavirus10</p> <p>Hep A.....10</p> <p>Dtap10</p> <p>MMR.....4</p> <p>Tdap.....8</p> <p>Hepatitis B..... 1</p> <p>Varicella.....6</p> <p>Kinrix 1</p> <p>Gardasil 1</p> <p>Meningitis 14</p> <p>Pentacel 0</p> <p>ProQuad6</p> <p>IPV (Polio).....7</p> <p>Td 0</p> <p>Men. B.....0</p> <p>Adult Immunizations</p> <p>Hepatitis A 1</p> <p>Hepatitis B5</p> <p>Flu 82</p> <p>Men. B 0</p> <p>Meningitis 0</p> <p>MMR..... 0</p> <p>Pneumonia 23 0</p> <p>TD.....0</p> <p>Tdap.....9</p> <p>Typhoid..... 0</p> <p>Varicella..... 0</p> <p>Yellow Fever 0</p> <p>Prevnar 13.....2</p> <p>Shingrix.....8</p>	<p>Maternal Child Health (MCH)</p> <p>Maternal Health Encounters 467</p> <p>WIC Caseload1,210</p> <p>WIC Clients receiving Education. .154</p> <p>WSSM / WIC Education38</p> <p>Internet WIC Education 3</p> <p>Individual WIC Education16</p> <p>Phone Education 97</p> <p>Lead.....30</p> <p>Hemoglobins 68</p> <p>ASQ Developmental Screenings ... 68</p> <p>Depression Screenings40</p> <p>EPSDT'S35</p> <p>Flouride Varnish (Oral Health).....42</p> <p>Number of Vision Tested 0</p> <p>Number of Hearing Tested 0</p> <p>Pregnancy Tests0</p> <p>Family Case Management</p> <p>APORS Investigations 8</p> <p>Healthworks Caseload..... 67</p> <p>Communicable Disease Investigations</p> <p>Chickenpox 0</p> <p>Cryptosporidiosis 0</p> <p>Hepatitis B 4</p> <p>Hepatitis C 6</p> <p>Histoplasmosis 0</p> <p>HIV/AIDS Cases Investigated 0</p> <p>HIV Test 0</p> <p>Salmonellosis 0</p> <p>Streptococcal Infections (Group A) . 0</p> <p>Whooping Cough (Pertussis) 0</p> <p>Sexually Transmitted Disease</p> <p>Chlamydia14</p> <p>Gonorrhea 0</p> <p>Syphilis..... 0</p> <p>TB (Tuberculosis)</p> <p>Tests Administered.....14</p> <p>New Prophylactic Patients 0</p> <p>New Investigations 0</p> <p>New Active Cases0</p> <p>Lab Draws</p> <p>Private Pay</p> <p>Salem Office 55</p> <p>Centralia Office12</p> <p><i>Total Private Pay Lab Draws</i>..... 67</p> <p>Quest Lab Draws</p> <p>Salem Office 0</p> <p>Centralia Office1</p> <p><i>Total Quest Lab Draws</i>1</p>	<p>Environmental Health</p> <p>Food</p> <p>Routine Inspections.....45</p> <p>Follow-up Inspections 16</p> <p>Complaint Inspections0</p> <p>Temporary Inspections0</p> <p>Pre-Operational Inspections 3</p> <p>Emergency Incident Inspections0</p> <p>Number of Permits Issued11</p> <p>Sewage</p> <p>Routine Inspections..... 14</p> <p>Complaint Inspections 1</p> <p>Realty Inspections0</p> <p>Sewage Systems Installed..... 14</p> <p>Number of Permits Issued 4</p> <p>Water</p> <p>New System Inspections.....0</p> <p>Existing Water Well Inspections.....0</p> <p>Realty Inspections0</p> <p>Complaint Inspections0</p> <p>Water Wells Sealed0</p> <p>Number of Permits Issued.....0</p> <p>Closed Loop Wells</p> <p>Closed Loop Well Inspections0</p> <p>Systems Installed0</p> <p>Number of Permits Issued0</p> <p>Tanning</p> <p>Routine Inspections..... 1</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Body Art</p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Miscellaneous</p> <p>Animal Bites 2</p> <p>FIT Test</p> <p>Female.....0 Male.....0</p>
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