

**February
2023**

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Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



February is American Heart Month

Heart Disease

- Heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States.
- One person dies every 34 seconds in the United States from cardiovascular disease.
- About 697,000 people in the United States died from heart disease in 2020—that's 1 in every 5 deaths.
- Heart disease cost the United States about \$229 billion each year from 2017-2018. This includes the cost of health care due to death.

Coronary Artery Disease

- Coronary heart disease (CAD) is the most common type of heart disease, killing 382,820 people in 2020.
- About 20.1 million adults age 20 and older have CAD (about 7.2%).
- In 2020, about 2 in 10 deaths from CAD happen in adults less than 65 years old.

Heart Attack

- In the United States, someone has a heart attack every 40 seconds.
- Every year, about 805,000 people in the United States have a heart attack.

Of these,

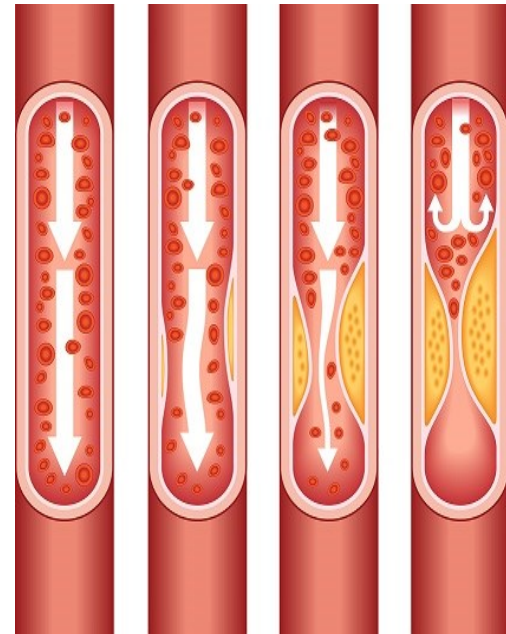
605,000 are the first heart attack

200,000 happen to people who have already had a heart attack

About 1 in 5 heart attacks are silent—the damage is done, but the person is not aware of it.

High blood pressure, high blood cholesterol, and smoking are key risk factors for heart disease, including:

- ◇ Diabetes
- ◇ Overweight and obesity
- ◇ Unhealthy diet



As plaque builds up in the arteries of a person with heart disease, the inside of the arteries begins to narrow, which lessens or blocks the flow of blood. Plaque can also rupture (break open). When it does, a blood clot can form on the plaque, blocking the flow of blood.

For the **Month of February** if you **schedule a General Health Panel (GHP)** you will receive a **Lipid Panel for FREE!** The Lipid Panel includes: Total Cholesterol, High Density Lipoprotein Cholesterol (HDL-C — good cholesterol), Low Density Lipoprotein Cholesterol (LDL-C — bad cholesterol), and Triglycerides. Call our Salem office at 618-548-3878 or Centralia office 618-532-6518 to schedule your appointment!

Marion County Board of Health

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Marion County

December 2022 Statistics

<p>Clinics</p> <p>Blood Pressure / Blood Sugar</p> <p>Persons served: Blood Pressure 0</p> <p>Persons served: Blood Sugar3</p> <p>Paternity Testing Clinics2</p> <p>Number of Persons Tested 17</p> <p>Immunizations</p> <p>Number of Clinics.....7</p> <p>No. of adults54</p> <p>No. of adults immz. adm49</p> <p>No. of peditrics57</p> <p>No. of peditrics immz. adm 90</p> <p>Total of vaccines administered.....139</p> <p>Children's Immunizations</p> <p>Pediarix.....8</p> <p>Pediatric Flu25</p> <p>Hib8</p> <p>Prevnar8</p> <p>Rotavirus3</p> <p>Hep A.....9</p> <p>Dtap2</p> <p>MMR.....6</p> <p>Tdap.....3</p> <p>Hepatitis B.....2</p> <p>Varicella.....6</p> <p>Kinrix0</p> <p>Gardasil1</p> <p>Meningitis4</p> <p>Pentacel 0</p> <p>ProQuad 1</p> <p>IPV (Polio).....3</p> <p>Td 0</p> <p>Men. B.....1</p> <p>Adult Immunizations</p> <p>Hepatitis A 0</p> <p>Hepatitis B3</p> <p>Flu37</p> <p>Men. B 0</p> <p>Meningitis 0</p> <p>MMR.....0</p> <p>Pneumonia 230</p> <p>TD.....0</p> <p>Tdap3</p> <p>Typhoid.....2</p> <p>Varicella..... 0</p> <p>Yellow Fever2</p> <p>Prevnar 13..... 0</p> <p>Shingrix.....2</p>	<p>Maternal Child Health (MCH)</p> <p>Maternal Health Encounters 358</p> <p>WIC Caseload 1,114</p> <p>WIC Clients receiving Education. .112</p> <p>WSSM / WIC Education 6</p> <p>Internet WIC Education 3</p> <p>Individual WIC Education 18</p> <p>Phone Education 85</p> <p>Lead.....12</p> <p>Hemoglobins31</p> <p>ASQ Developmental Screenings 79</p> <p>Depression Screenings38</p> <p>EPSTD'T'S 8</p> <p>Flouride Varnish (Oral Health).....10</p> <p>Number of Vision Tested 0</p> <p>Number of Hearing Tested 0</p> <p>Pregnancy Tests 0</p> <p>Family Case Management</p> <p>APORS Investigations 10</p> <p>Healthworks Caseload.....80</p> <p>Communicable Disease Investigations</p> <p>Chickenpox 0</p> <p>Cryptosporidiosis 0</p> <p>Hepatitis B 2</p> <p>Hepatitis C 5</p> <p>Histoplasmosis 0</p> <p>HIV/AIDS Cases Investigated 0</p> <p>HIV Test 2</p> <p>Salmonellosis 0</p> <p>Streptococcal Infections (Group A) . 0</p> <p>Whooping Cough (Pertussis) 0</p> <p>Sexually Transmitted Disease</p> <p>Chlamydia 18</p> <p>Gonorrhea 3</p> <p>Syphilis..... 2</p> <p>TB (Tuberculosis)</p> <p>Tests Administered..... 5</p> <p>New Prophylactic Patients 0</p> <p>New Investigations 0</p> <p>New Active Cases 0</p> <p>Lab Draws</p> <p>Private Pay</p> <p>Salem Office 43</p> <p>Centralia Office 27</p> <p>Total Private Pay Lab Draws 70</p> <p>Quest Lab Draws</p> <p>Salem Office 1</p> <p>Centralia Office 1</p> <p>Total Quest Lab Draws 2</p>	<p>Environmental Health</p> <p>Food</p> <p>Routine Inspections..... 6</p> <p>Follow-up Inspections5</p> <p>Complaint Inspections3</p> <p>Temporary Inspections0</p> <p>Pre-Operational Inspections0</p> <p>Emergency Incident Inspections0</p> <p>Number of Permits Issued 14</p> <p>Sewage</p> <p>Routine Inspections..... 7</p> <p>Complaint Inspections0</p> <p>Realty Inspections0</p> <p>Sewage Systems Installed.....2</p> <p>Number of Permits Issued 3</p> <p>Water</p> <p>New System Inspections.....0</p> <p>Existing Water Well Inspections.....0</p> <p>Realty Inspections0</p> <p>Complaint Inspections0</p> <p>Water Wells Sealed0</p> <p>Number of Permits Issued.....0</p> <p>Closed Loop Wells</p> <p>Closed Loop Well Inspections0</p> <p>Systems Installed0</p> <p>Number of Permits Issued0</p> <p>Tanning</p> <p>Routine Inspections..... 1</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Body Art</p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections0</p> <p>Complaint Inspections0</p> <p>Miscellaneous</p> <p>Animal Bites3</p> <p>FIT Test</p> <p>Female.....0</p> <p>Male.....0</p>
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