March 2021

Marion County Health Department

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Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



What to Expect after Getting a COVID-19 Vaccine

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days.

Common side effects

On the arm where you got the shot:



- Pain
- Swelling

Throughout the rest of your body:



- Fever
- Chills
- Tiredness
- Headache

Helpful tips

If you have pain or discomfort, talk to your doctor about taking over-the-counter medicine, such as ibuprofen, aspirin, antihistamines, or acetaminophen, for any pain and discomfort you may experience after getting vaccinated. You can take these medications to relieve post-vaccination side effects if you have no other medical reasons that prevent you from taking these medications normally. It is not recommended you take these medicines *before* vaccination for the purpose of trying to prevent side effects, because it is not known how these medications may impact how well the vaccine works.

To reduce pain and discomfort where you got the shot, apply a clean, cool, wet washcloth over the area. Also use or exercise your arm. To reduce discomfort from fever, drink plenty of fluids and dress lightly.

When to call the doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours.
- If your side effects are worrying you or do not seem to be improving after a few days.

 $\textbf{Maternal Health Encounters}.....\,358$

WIC Caseload1150

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January 2021 Statistics

<u>Clinics</u>	MCH Continued	
Blood Pressure/Blood Sugar Clinics 3	WIC Clients receiving Education117	Quest Lab Draws
Persons served: Blood Pressure o	WSSM / WIC Education93	Salem Office 1
Persons served: Blood Sugar 3	Internet WIC Education2	Centralia Office 1
Paternity Testing Clinics1	Individual WIC Education22	Total Quest Lab Draws2
Number of Persons Tested 5	Lead5	
	Hemoglobins2	Environmental Health
<u>Immunizations</u>	ASQ Developmental Screenings80	Food
Number of Clinics 6	Depression Screenings56	Routine Inspectionso
No. of adults38	EPSDT'S0	Follow-up Inspections0
No. of adults immz. adm26	Flouride Varnish (Oral Health) o	Complaint Inspectionso
No. of pediatrics	Number of Vision Tested o	Temporary Inspections
No. of pediatrics immz. adm 72	Number of Wision Testedo	Pre-Operational Inspections
Total of vaccines administered 98	OAE Hearing Testedo	Emergency Incident Inspections0
Children's Immunizations	Pregnancy Tests	Number of Permits Issued11
	riegnancy resis0	
Pediarix 5		Sewage
Pediatric Flu18	Family Case Management	Routine Inspectionso
Hib9	APORS Investigations 3	Complaint Inspectionso
Prevnar10	Healthworks Caseload97	Realty Inspectionso
Rotavirus 3		Sewage Systems Installed3
Hep A7	Communicable Disease Investigations	Number of Permits Issued3
Dtap	Chickenpoxo	Water
MMR6	COVID-19822	New System Inspectionso
TdaP1	Cryptosporidiosis1	Existing Water Well Inspectionso
Hepatitis Bo	Hepatitis B5	Realty Inspectionso
Varicella6	Hepatitis C10	Complaint Inspectionso
Kinrix1	Histoplasmosiso	Water Wells Sealedo
Gardisilo	HIV/AIDS Cases Investigated o	Number of Permits Issuedo
Meningitis 2	HIV Testo	Closed Loop Wells
Pentacelo	Salmonellosiso	Closed Loop Well Inspectionso
IPV (Polio)1	Streptococcal Infections (Group A).o	Systems Installedo
Td 0	Whopping Cough (Pertussis)o	Number of Permits Issuedo
Men. Bo	Sexually Transmitted Disease	Tanning
Adult Immunizations	Chlamydia6	Routine Inspectionso
Hepatitis A1	Gonorrhea3	Follow-up Inspections
Hepatitis B3	Syphilis1	Complaint Inspectionso
Flu7	TB (Tuberculosis)	Body Art
Meningitis0	Tests Administered21	Routine Inspectionso
MMR		Follow-up Inspectionso
Pneumonia 231	New Prophylactic Patientso	Complaint Inspectionso
TD 0	New Investigations 0 New Active Cases 0	Complaint Inspections
Tdap 3		<u>Miscellaneous</u>
Typhoido	Drug Testing	Animal Bites1
Varicella 0	5-Panel Hair Drug Testo	
Yellow Fever 0	9-Panel Non-Regulated Urine Test . 0	EIT Toet
	5-Panel Hair Test w/ Exp.Opiates o	FIT Test
Prevnar 13		Femaleo Maleo
əmingrix7	Lab Draws	
Maternal Child Health (MCH)	Private Pay	Submit ILLINOIS TOBACCO
Maternal Child Health (MCH)	rrivate ray	Complement

Salem Office.....41

Centralia Office18

Total Private Pay Lab Draws......59



