

**March  
2023**

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*Marion County*

# Health Bulletin

*The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.*



## *March is* **National KIDNEY** *Month*



Your kidneys, each just the size of a computer mouse, filter all the blood in your body every 30 minutes. They work hard to remove wastes, toxins, and excess fluid. They also help control blood pressure, stimulate production of red blood cells, keep your bones healthy, and regulate blood chemicals that are essential to life. Kidneys that function properly are critical for maintaining good health, however, more than one in seven American adults are estimated to have chronic kidney disease (CKD).

CKD is a condition in which the kidneys are damaged and cannot filter blood as well as they should. Because of this, excess fluid and waste from blood remain in the body and may cause other health problems, such as heart disease and stroke.

Chronic Kidney Disease has varying levels of seriousness. It usually gets worse over time though treatment has been shown to slow progression. If left untreated, CKD can progress to kidney failure and early cardiovascular disease. When the kidneys stop working, dialysis or kidney transplant is needed for survival. Kidney failure treated with dialysis or kidney transplant

is called end-stage renal disease.

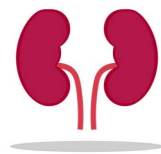
Not all patients with kidney disease progress to kidney failure. To help prevent CKD and lower the risk for kidney failure, control risk factors for CKD, get tested yearly, make lifestyle changes, take medicine as needed, and see your health care team regularly.

### **CKD by the Numbers**

- ◆ Kidney diseases are a leading cause of death in the United States.
- ◆ 40% of people with severely reduced kidney function (not on dialysis) are not aware of having CKD.
- ◆ Every 24 hours, 360 people begin dialysis treatment for kidney failure.
- ◆ In the United States, diabetes and high blood pressure are the leading causes of kidney failure, accounting for 3 out of 4 new cases.

- ◆ In 2019, treating Medicare beneficiaries with CKD cost \$87.2 billion.

People with CKD may not feel ill or notice any symptoms. The only way to find out for sure if you have CKD is through specific blood and urine tests. These tests include measurement of both the creatinine level in the blood and protein in the urine.



**In observance of Kidney Disease Month, during the month of March, the health department is offering the *Renal Panel lab test for \$10.00!***

**Call our Salem Office**

**618-548-3878 or  
Centralia office**

**618-532-6518 to schedule  
your lab appointment.**



# Marion County Board of Health

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Marion County

## January 2023 Statistics

<p><b>Clinics</b></p> <p><b>Blood Pressure / Blood Sugar</b></p> <p>Persons served: Blood Pressure .....2</p> <p>Persons served: Blood Sugar .....2</p> <p><b>Paternity Testing Clinics</b> ..... 1</p> <p>Number of Persons Tested .....5</p> <p><b>Immunizations</b></p> <p><b>Number of Clinics</b>.....7</p> <p>No. of adults .....25</p> <p>No. of adults immz. adm ..... 18</p> <p>No. of peditrics .....46</p> <p>No. of peditrics immz. adm ..... 86</p> <p>Total of vaccines administered.....104</p> <p><b>Children's Immunizations</b></p> <p>Pediarix.....11</p> <p>Pediatric Flu .....7</p> <p>Hib .....16</p> <p>Prevnar .....13</p> <p>Rotavirus .....5</p> <p>Hep A.....7</p> <p>Dtap .....5</p> <p>MMR.....1</p> <p>Tdap.....3</p> <p>Hepatitis B.....3</p> <p>Varicella.....2</p> <p>Kinrix .....0</p> <p>Gardasil .....5</p> <p>Meningitis .....6</p> <p>Pentacel ..... 0</p> <p>ProQuad ..... 0</p> <p>IPV (Polio).....2</p> <p>Td ..... 0</p> <p>Men. B.....0</p> <p><b>Adult Immunizations</b></p> <p>Hepatitis A ..... 1</p> <p>Hepatitis B .....2</p> <p>Flu .....5</p> <p>Men. B ..... 0</p> <p>Meningitis ..... 0</p> <p>MMR.....0</p> <p>Pneumonia 23 .....0</p> <p>TD.....0</p> <p>Tdap .....3</p> <p>Typhoid..... 0</p> <p>Varicella.....1</p> <p>Yellow Fever ..... 0</p> <p>Prevnar 13.....0</p> <p>Shingrix.....6</p>	<p><b>Maternal Child Health (MCH)</b></p> <p><b>Maternal Health Encounters</b> .....448</p> <p><b>WIC Caseload</b> .....1,134</p> <p>WIC Clients receiving Education .159</p> <p>WSSM / WIC Education ..... 10</p> <p>Internet WIC Education ..... 0</p> <p>Individual WIC Education .....21</p> <p>Phone Education ..... 128</p> <p>Lead.....12</p> <p>Hemoglobins ..... 44</p> <p>ASQ Developmental Screenings ... 92</p> <p>Depression Screenings ..... 56</p> <p>EPSTD'S .....13</p> <p>Flouride Varnish (Oral Health).....12</p> <p>Number of Vision Tested ..... 0</p> <p>Number of Hearing Tested ..... 0</p> <p>Pregnancy Tests ..... 0</p> <p><b>Family Case Management</b></p> <p>APORS Investigations ..... 5</p> <p>Healthworks Caseload..... 78</p> <p><b>Communicable Disease Investigations</b></p> <p>Chickenpox ..... 3</p> <p>Cryptosporidiosis ..... 0</p> <p>Hepatitis B ..... 3</p> <p>Hepatitis C ..... 9</p> <p>Histoplasmosis ..... 0</p> <p>HIV/AIDS Cases Investigated ..... 0</p> <p>HIV Test ..... 6</p> <p>Salmonellosis ..... 0</p> <p>Streptococcal Infections (Group A) ..1</p> <p>Whooping Cough (Pertussis) ..... 0</p> <p><b>Sexually Transmitted Disease</b></p> <p>Chlamydia ..... 10</p> <p>Gonorrhea ..... 8</p> <p>Syphilis..... 2</p> <p><b>TB (Tuberculosis)</b></p> <p>Tests Administered.....13</p> <p>New Prophylactic Patients ..... 0</p> <p>New Investigations ..... 2</p> <p>New Active Cases ..... 0</p> <p><b>Lab Draws</b></p> <p><b>Private Pay</b></p> <p>Salem Office ..... 44</p> <p>Centralia Office ..... 20</p> <p>Total Private Pay Lab Draws ..... 64</p> <p><b>Quest Lab Draws</b></p> <p>Salem Office ..... 0</p> <p>Centralia Office .....1</p> <p>Total Quest Lab Draws .....1</p>	<p><b>Environmental Health</b></p> <p><b>Food</b></p> <p>Routine Inspections..... 12</p> <p>Follow-up Inspections ..... 7</p> <p>Complaint Inspections ..... 1</p> <p>Temporary Inspections .....0</p> <p>Pre-Operational Inspections ..... 1</p> <p>Emergency Incident Inspections .....0</p> <p>Number of Permits Issued ..... 12</p> <p><b>Sewage</b></p> <p>Routine Inspections..... 1</p> <p>Complaint Inspections .....0</p> <p>Realty Inspections .....0</p> <p>Sewage Systems Installed.....2</p> <p>Number of Permits Issued ..... 2</p> <p><b>Water</b></p> <p>New System Inspections.....0</p> <p>Existing Water Well Inspections.....0</p> <p>Realty Inspections .....0</p> <p>Complaint Inspections .....0</p> <p>Water Wells Sealed .....0</p> <p>Number of Permits Issued.....0</p> <p><b>Closed Loop Wells</b></p> <p>Closed Loop Well Inspections .....0</p> <p>Systems Installed .....0</p> <p>Number of Permits Issued .....0</p> <p><b>Tanning</b></p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections .....0</p> <p>Complaint Inspections .....0</p> <p><b>Body Art</b></p> <p>Routine Inspections.....0</p> <p>Follow-up Inspections .....0</p> <p>Complaint Inspections .....0</p> <p><b>Miscellaneous</b></p> <p>Animal Bites .....4</p> <p><b>FIT Test</b></p> <p>Female.....0</p> <p>Male.....0</p>
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