

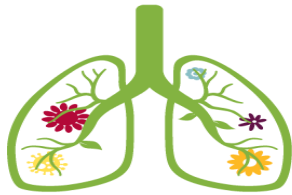
May
2024

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Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.



MAY is asthma and allergy AWARENESS MONTH

According to the Centers Disease Control and Prevention, about 25 million Americans suffer from asthma, this equals about 1 in 13 people. This chronic condition is so common, that even if you don't have it yourself, you probably know someone who does. If you have asthma, you know that symptoms can come on quickly, then worsen. The things that make them do that are called triggers. An important part of managing asthma is knowing what your triggers are at home, work, school or while you're outdoors. Because asthma is usually do to allergies, triggers are often allergens, or things that cause allergic reactions. Allergens such as pet dander, dust mites, pests, and smoke can make asthma symptoms worse in some people, and for others, even trigger an asthma attack.

What is Asthma?

- ◆ A long term disease that causes inflammation and swelling of the airways. This results in narrowing of the airways that carry air from the nose and mouth to the lungs.
- ◆ Symptoms include trouble breathing (shortness of breath), wheezing, coughing, and tightness or pain in the chest. Asthma symptoms can be triggered by different things for different people. Allergens, like dust or pet dander, are common triggers. Some people also develop asthma symptoms in response to certain foods or to exercise.
- ◆ Asthma can be deadly.
- ◆ There is no cure for asthma, but appropriate treatment prevents asthma attacks and can help you have a better quality of life.

Facts and Figures:

- ◇ Asthma is more common in female adults than male adults. Around 9.7% of female adults have asthma, compared to 6.2% of male adults.
- ◇ It is a leading chronic disease in children. Currently, there are about 4.8 million children under the age of 18 with asthma.
- ◇ Asthma rates are highest in Black adults in the United States.
- ◇ Asthma is more common in male children than female children. Around 7.3% of male children have asthma, compared to 5.6% of female children.
- ◇ About 20 million people in the United States have food allergies. 16 million adults and 4.3 million children.
- ◇ About 81 million people in the United States have rhinitis due to nasal allergies, also called "hay fever". 67 million adults and 114 million children.

Types of Common Allergens

Airborne	Skin	Food	Medication
Pollen	Nickel	Tree nuts and peanuts	Chemotherapy medicines
Dust mites	Latex	Milk	Sulfa drugs
Pet dander	Fragrances	Eggs	Penicillin
Mold and mildew	Cleaners	Soybeans	NSAIDs
	Cosmetics	Fish and shellfish	Anticonvulsants
	Plants	Wheat	

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Asthma is a serious lung disease. While symptoms can range from mild to severe, a person can die during an asthma attack. That is why it's important for someone with the condition, as well as his or her family members, to know how to manage particular symptoms and when to get emergency medical help.

Asthma doesn't go away, and it can't be cured. Once a person develops asthma, he or she is likely to have it for a lifetime.

Asthma can be managed. Like diabetes and high blood pressure, asthma takes ongoing monitoring and management to keep it under control. Managing the disease effectively means working closely with a healthcare provider, taking medications as prescribed, avoiding asthma triggers like exposure to allergens, poor air quality, or tobacco smoke, and watching for any changes in symptoms. These steps can help anyone with asthma gain, and keep control of his or her health.

Marion County Board of Health

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Keith Kessler, BS, JD
Tom Turner, MS

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Seth Hahs, MD

Marion County

March 2024 Statistics

<p>Clinics</p> <p>Blood Pressure Persons served: Blood Pressure 0</p> <p>Paternity Testing Clinics 1 Number of Persons Tested9</p> <p>Immunizations</p> <p>Number of Clinics.....8 No. of adults37 No. of adults immz. adm33 No. of peditrics35 No. of peditrics immz. adm96 Total of vaccines administered..... 129</p> <p>Children's Immunizations</p> <p>Pediarix.....8 Pediatric Flu 0 Hib 12 Pneumococcal 13 Rotavirus2 Hep A.....10 Dtap11 MMR.....7 Tdap..... 1 Hepatitis B.....3 Varicella.....8 Kinrix4 Gardasil2 Meningitis3 ProQuad8 IPV (Polio).....4 Td 0 Men. B.....0 Nirsevimab/RSV.....0 COVID-19.....0</p> <p>Adult Immunizations</p> <p>Hepatitis A 1 Hepatitis B3 Flu2 Men. B 0 Meningitis 1 MMR.....3 Pneumonia 23 0 TD.....0 Tdap.....4 Typhoid..... 0 Varicella.....5 Yellow Fever 0 Pevnar 20.....2 Shingrix.....3 RSV.....3 COVID-19.....5</p>	<p>Maternal Child Health (MCH)</p> <p>Maternal Health Encounters 395</p> <p>WIC Caseload1,215 WIC Clients receiving Education..136 WSSM / WIC Education38 Internet WIC Education..... 5 Individual WIC Education21 Phone Education 72 Lead.....38 Hemoglobins 140 ASQ Developmental Screenings ... 68 Depression Screenings50 EPSTD'S42 Flouride Varnish (Oral Health).....56 Number of Vision Tested 0 Number of Hearing Tested 0 Pregnancy Tests..... 0</p> <p>Family Case Management</p> <p>APORS Investigations 7 Healthworks Caseload.....61</p> <p>Communicable Disease Investigations</p> <p>Animal Bites.....3 Chickenpox 0 Cryptosporidiosis 0 Hepatitis B 0 Hepatitis C 3 Histoplasmosis 2 HIV/AIDS Cases Investigated 0 HIV Test 3 Salmonellosis 0 Streptococcal Infections (Group A) . 0 Whooping Cough (Pertussis) 0</p> <p>Sexually Transmitted Disease</p> <p>Chlamydia 8 Gonorrhea 6 Syphilis.....1</p> <p>TB (Tuberculosis)</p> <p>Tests Administered.....12 New LTBI..... 0 New Suspect TB Investiagations.....0 New Active Cases 0</p> <p>Lab Draws</p> <p>Private Pay</p> <p>Salem Office 62 Centralia Office 33 Total Private Pay Lab Draws 95</p>	<p>Quest Lab Draws</p> <p>Salem Office..... 1 Centralia Office0 Total Quest Lab Draws 1</p> <p>Environmental Health</p> <p>Food</p> <p>Routine Inspections.....30 Follow-up Inspections4 Complaint Inspections3 Temporary Inspections0 Pre-Operational Inspections 1 Emergency Incident Inspections0 Number of Permits Issued23</p> <p>Sewage</p> <p>Routine Inspections..... 3 Complaint Inspections2 Realty Inspections0 Sewage Systems Installed.....3 Number of Permits Issued 3</p> <p>Water</p> <p>New System Inspections.....0 Existing Water Well Inspections..... 1 Realty Inspections 1 Complaint Inspections0 Water Wells Sealed0 Number of Permits Issued.....0</p> <p>Closed Loop Wells</p> <p>Closed Loop Well Inspections0 Systems Installed0 Number of Permits Issued0</p> <p>Tanning</p> <p>Routine Inspections.....0 Follow-up Inspections0 Complaint Inspections0</p> <p>Body Art</p> <p>Routine Inspections.....0 Follow-up Inspections0 Complaint Inspections0</p> <p>FIT Test</p> <p>Female.....0 Male.....0</p>
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