June 2024

118 Cross Creek Blvd., Salem, IL 62881 618-548.3878 1013 N. Poplar St., Centralia, IL 62801 618-532.6518 www.marioncountyhealthdept.org

June is National Scoliosis
Awareness Month, and the medical
staff at Shriners Children's are
reminding parents about the
importance of scoliosis screenings
in children and adolescents.
Summer brings summer clothing
options, which makes for a great
opportunity to check children for
scoliosis. Now is the time for
parents to be spine aware.

"Summertime is when many parents first spot signs of scoliosis in their growing adolescent's spine," said Rolando Roberto, M.D., orthopedic spine surgeon at Shriners Children's Northern California. "Tank tops and bathing suits can reveal physical differences in the height of children's shoulder blades, uneven hips or pushed out ribs. This is the time for parents to be spine aware and know the signs and symptoms. Undiagnosed scoliosis will progress very quickly, so it's important to build spine checks into your parenting routine and schedule frequent visits with your pediatrician to assure good spine health."

Scoliosis is one of the more common spinal disorders in which the vertebrae rotate, causing an abnormal curve of the spine. Curves are often S-shaped or C-shaped. The most common type is idiopathic scoliosis, a type of scoliosis where the cause is unknown, but is thought to be genetic. Scoliosis can occur in otherwise perfectly healthy children. Scoliosis may appear at any time during the main growth years for children (years 10 to 12), which is the growth spurt perfectly this

children (years 10 to 12), which is the growth spurt period that happens just before puberty. It is essential that a child's spine be checked regularly until their growth is complete. A curvature may progress considerably during the rapid teenage growth spurt years if scoliosis goes undiagnosed.

Scoliosis will often present with the following symptoms:

 One shoulder blade higher than the other

Marion County

Health Bulletin

The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.

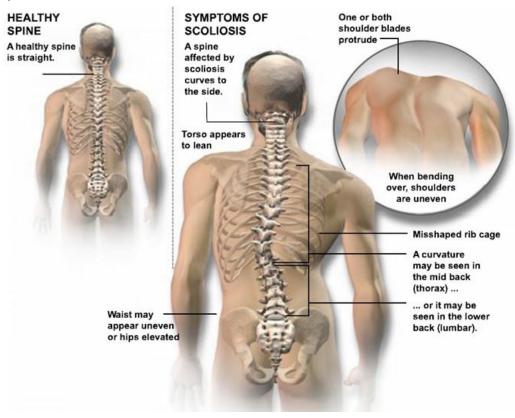


- The appearance that the head is not centered with the rest of the body
- Uneven hips or one hip sticking out more than the other
- Pushed out ribs
- Difficulty breathing due to a reduced available area for lung expansion
- · Back pain and discomfort
- When bending forward, the appearance that the two sides of the back are different heights

Parents are encouraged to perform preliminary screenings at home by using Shriners Children's SpineScreen App. Developed by orthopedic specialists at Shriners Children's, this smartphone app gives parents a quick and easy way to regularly monitor their child's spine. Simply move the smartphone along the child's spine and the SpineScreen will help detect any abnormal curves. If an abnormality is noticed, the app will provide instructions on how to contact

vour nearest Shriners Children's location. Early detection makes an incredible impact on the success rate of correcting a curvature of the spine and gives providers the opportunity to explore nonsurgical treatment options. The Shriners care team will partner and make decisions with you to create the best possible outcomes for your child and their idiopathic scoliosis care journey. There are currently no medications to treat scoliosis, nor can its onset be prevented. The treatment for scoliosis varies with each individual patient and is based on the patient's age, future growth potential, and the severity and location of the curve.

June is the nationally designated month to spread awareness about scoliosis, but at Shriners Children's, scoliosis education never comes to an end. If you have concerns or believe your child may have scoliosis, call 844-208-9687.



Marion County Board of Health

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Marion County

April 2024 Statistics

Clinics	<u>s</u>
Blo	ood Pressure
	Persons served: Blood Pressure o
Pat	ternity Testing Clinics 1
	Number of Persons Tested10
<u>Immu</u>	<u>ınizations</u>
Nu	mber of Clinics9
	No. of adults
	No. of adults immz. adm22
	No. of pediatrics31
	No. of pediatrics immz. adm69
	Total of vaccines administered91
 .	
<u>Chilar</u>	<u>en's Immunizations</u>
	Pediarix10
	Pediatric Flu o
	Hib14
	Pneumococcal12
	Rotavirus4
	Hep A9
	Dtap6
	MMR5
	TdaP2
	Hepatitis Bo
	Varicella4
	Kinrixo
	Gardasil
	Meningitis2
	ProQuado
	IPV (Polio) o
	Tdo
	Men. Bo
	Nirsevimab/RSVo
	COVID-190
Adult	Immunizations
	Hepatitis A o
	Hepatitis B3
	Fluo
	Men. B o
	Meningitis o
	MMR3
	Pneumonia 23 0
	TD1
	Tdap10
	Typhoido
	Varicellao
	Yellow Fever o
	Prevnar 20 0
	Shingrix2
	RSV2
	COVID-19

Maternal Child Health (MCH)
Maternal Health Encounters471
WIC Caseload1,204
WIC Clients receiving Education 171
WSSM / WIC Education32
Internet WIC Education4
Individual WIC Education25
Phone Education110
Lead43
Hemoglobins131
ASQ Developmental Screenings 82
Depression Screenings 52 EPSDT'S50
Flouride Varnish (Oral Health)62
Number of Vision Tested02
Number of Vision Tested
Pregnancy Tests
Tregnancy rests
Family Case Management
APORS Investigations13
Healthworks Caseload65
Communicable Disease Investigations
Animal Bites8
Chickenpoxo
Cryptosporidiosis0
Hepatitis B
Histoplasmosis0
HIV/AIDS Cases Investigated0
HIV Test3
Salmonellosis0
Streptococcal Infections (Group A)1
Whopping Cough (Pertussis)o
Sexually Transmitted Disease
Chlamydia18
Gonorrhea4
Syphiliso
TB (Tuberculosis)
Tests Administered21
New LTBI3
New Suspect TB Investiggations o
New Active Cases1
Lab Draws
Lab Draws Private Pay

Centralia Office36

Total Private Pay Lab Draws......108

Quest Lab Draws
Salem Office
Centralia Office
Total Quest Lab Draws
Environmental Health
Food
Routine Inspections50
Follow-up Inspections1
Complaint Inspections
Temporary Inspections
Pre-Operational Inspections
Emergency Incident Inspections
Number of Permits Issued20
Sewage
Routine Inspections
Complaint Inspections
Realty Inspections Sewage Systems Installed
Number of Permits Issued
Water New System Inspections
Existing Water Well Inspections
Realty Inspections
Complaint Inspections
Water Wells Sealed
Number of Permits Issued
Closed Loop Wells
Closed Loop Well Inspections
Systems Installed
Number of Permits Issued
Tanning
Routine Inspections
Follow-up Inspections
Complaint Inspections
Body Art
Routine Inspections
Follow-up Inspections
Complaint Inspections
FIT Test
Femaleo Male

