

Protect ALL THE SKIN YOU'RE IN

Spending time outside is a great way to be physically active and reduce stress. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun.

Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds, and sunlamps. UV rays can damage skin cells.

Protection from UV rays is important all year, not just during the summer. UV rays can reach you on cloudy and cool days, and they reflect off of surfaces like water, cement, sand, and snow. In the continental United States, UV rays tend to be strongest from 10 a.m. to 4 p.m.

The UV Index forecasts the strength of UV rays each day. If the UV index is 3 or higher in your area, protect your skin from too much exposure to the sun. Too much sun can cause skin cancer.

Skin cancer is the most common cancer in the U.S.

Use a layered approach for Sun Protection



Use broad spectrum sunscreen with at least SPF 30. Sunscreen works best when used with shade or clothes, and it must be applied every 2 hours and after swimming, sweating, or toweling off.



Wear a hat, sunglasses with 100% UV protection, and protective clothing to shield skin.



Seek shade, especially during midday hours.

Marion County Board of Health

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Marion County

May 2026 Statistics

Clinics

Blood Pressure
Persons Served2

Paternity Testing Clinics.....2
Number of Persons Tested2

Immunizations

Number of Clinics6
No. of adults.....20
No. of adults immz. adm15
No. of pediatrics45
No. of pediatrics immz. adm.91
Total of vaccines administered....106

Children’s Immunizations

Pediarix.....13
Pediatric Flu.....0
Hib21
Pneumococcal.....17
Rotavirus8
Hep A4
Dtap.....6
MMR5
Tdap.....0
Hepatitis B.....1
Varicella5
Kinrix.....3
Gardasil2
Meningitis0
ProQuad.....4
IPV (Polio).....2
Td0
Men. B.....0
Nirsevimab/RSV0
COVID-19.....0

Adult Immunizations

Hepatitis A0
Hepatitis B.....4
Flu0
Men. B.0
Meningitis0
MMR.....1
Pneumonia 23.....0
TD.....0
Tdap8
Typhoid0
Varicella0
Yellow Fever.....0
Pevnar 20.....0
Shingrix.....0
RSV.....0
COVID-19.....0

Maternal Child Health (MCH)

Maternal Health Encounters326
WIC Caseload1,087
WIC Clients receiving Education...145
WSSM/WIC Education.....29
Internet WIC Education8
Individual Education21
Phone Education87
Lead.....28
Hemoglobins66
ASQ Developmental Screenings57
Depression Screenings.....30
EPSDT’S33
Flouride Varnish (Oral Health)39
Number of Vision Tested14
Number of Hearing Tested27
Pregnancy Tests.....0

Better Birth Outcomes-Comprehensive

APORS Investigations7
Healthworks Caseload.....58

Communicable Disease Investigations

Animal Bites.....7
Chickenpox0
Cryptosporidiosis.....0
Hepatitis B.....13
Hepatitis C10
Histoplasmosis0
HIV/AIDS Cases Investigated0
HIV Test5
Salmonellosis1
Streptococcal Infections (Group A) ..0
Whooping Cough (Pertussis).....0

Sexually Transmitted Disease

Chlamydia9
Gonorrhea4
Syphilis4

TB (Tuberculosis)

Tests Administered.....17
New LTBI1
New Suspect TB Investigations0
New Active Cases0

Lab Draws

Private Pay
Salem Office38
Centralia Office16
Total Private Pay Lab Draws54

Environmental Health

Food

Routine Inspections50
Follow-up Inspections.....23
Complaint Inspections2
Temporary Inspections3
Pre-Operational Inspections1
Emergency Incident Inspections0
Number of Food Permits Issued...25
Category Changes.....1
Closed Food Establishments1
Cottage Food Permits Issued1

Sewage

Routine Inspections3
Complaint Inspections.....2
Realty Inspections.....0
Sewage Systems Installed.....4
Number of Permits Issued5

Water

New System Inspections0
Existing Water Well Inspections0
Realty Inspections0
Complaint Inspections0
Water Wells Sealed0
Number of Permits Issued0

Closed Loop Wells

Closed Loop Well Inspections0
Systems Installed0
Number of Permits Issued0

Tanning

Routine Inspections0
Follow-up Inspections0
Complaint Inspections0

Body Art

Routine Inspections0
Follow-up Inspections.....0
Complaint Inspections0

FIT Test

Female.....0 Male.....0



1-866-QUIT YES (784-8937)