

# DECEMBER HEALTH BULLETIN



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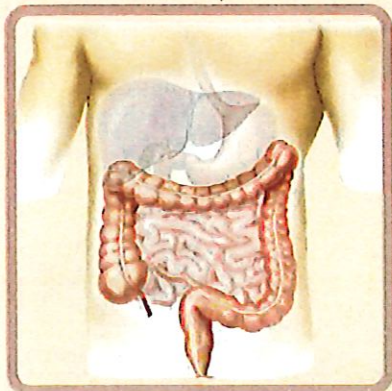


*The Mission of the Marion County Health Department is to improve the quality of life through preventing disease and preventative health maintenance.*

Crohn's and Colitis Awareness Week, which runs from December 1 to December 7 each year, aims to educate people about the symptoms, causes, and ways to manage Crohn's disease and colitis. The main reason for raising awareness is because the symptoms are quite common and are easily confused with other diseases and medical problems, resulting in people not receiving the right medical treatment in time. Those afflicted face many problems relating to the gastrointestinal tract, which reduces their physical activity and overall quality of life.

The disease is named after Dr. Burrill B. Crohn, who published a landmark paper with colleagues Drs. Gordon Oppenheimer and Leon Ginzburg in 1932 that described what is known today as Crohn's disease.

Crohn's disease (CD) belongs to a group of conditions known as inflammatory bowel diseases (IBD). Crohn's disease is a chronic inflammatory condition of the gastrointestinal tract.



Symptoms include diarrhea (sometimes bloody), as well as crampy abdominal pain, nausea, fever, anemia, loss of appetite, weight loss, fatigue (tired, exhausted feeling), and at times, rectal bleeding. When you have Crohn's you will not have the same symptoms all the time. In fact, sometimes you may have no symptoms at all, this is called clinical remission.

Crohn's disease is not the same thing as ulcerative colitis, another type of IBD. The symptoms of the two illnesses are quite similar, but the areas affected in your body are different. Crohn's disease may affect any part of the gastrointestinal (GI) tract, from the mouth to the anus, but ulcerative colitis is limited to the colon - also the large intestine. CD most commonly affects the end of the small bowel (the ileum) and the beginning of the colon. Crohn's disease can also affect the entire thickness of the bowel wall, while ulcerative colitis only involves the innermost lining of the colon. Finally, in Crohn's disease, the inflammation of the intestine can "skip" leaving normal areas in between patches of diseased intestine.

## ***Making the Diagnosis***

Since a number of other conditions can produce the same symptoms as Crohn's disease, your Doctor relies on various medical tests to rule out other potential causes for your symptoms, such as infection.

Tests may include:

- Stool tests
- Bowel Imaging
- Blood Tests
- Colonoscopy and upper endoscopy

There are very effective treatments available that may control your Crohn's disease and even place it into clinical remission. The best way to control Crohn's disease is by taking medications as prescribed by your doctor or other healthcare professional. Paying attention to your diet and nutrition might help you reduce symptoms, replace lost nutrients, and promote healing. It is important for Crohn's disease patients to continue general health maintenance. While working with your gastroenterologist, also remember to speak with your primary care provider about other important issues, including vaccinations, oral health, vision, heart, breast and prostate screening, and periodic blood testing.





## Marion County Board of Health

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Marion County

## October 2024 Statistics

### Clinics

<b>Blood Pressure</b>	
Persons served: Blood Pressure .....	0
<b>Paternity Testing Clinics</b> .....	0
Number of Persons Tested .....	0

### Immunizations

<b>Number of Clinics</b> .....	8
No. of adults .....	349
No. of adults immz. adm .....	357
No. of pediatrics .....	89
No. of pediatrics immz. adm .....	156
Total of vaccines administered .....	512

### Children's Immunizations

Pediarix .....	18
Pediatric Flu .....	0
Hib .....	19
Pneumococcal .....	20
Rotavirus .....	5
Hep A .....	5
Dtap .....	5
MMR .....	6
Tdap .....	15
Hepatitis B .....	1
Varicella .....	6
Kinrix .....	1
Gardasil .....	6
Meningitis .....	41
ProQuad .....	0
IPV (Polio) .....	2
Td .....	0
Men. B .....	0
Nirsevimab/RSV .....	6
COVID-19 .....	0

### Adult Immunizations

Hepatitis A .....	5
Hepatitis B .....	1
Flu .....	343
Men. B .....	0
Meningitis .....	0
MMR .....	0
Pneumonia 23 .....	0
TD .....	3
Tdap .....	0
Typhoid .....	0
Varicella .....	0
Yellow Fever .....	0
Prevnar 20 .....	0
Shingrix .....	2
RSV .....	3
COVID-19 .....	0

### Maternal Child Health (MCH)

<b>Maternal Health Encounters</b> .....	463
<b>WIC Caseload</b> .....	1,186
WIC Clients receiving Education .....	170
WSSM / WIC Education .....	42
Internet WIC Education .....	5
Individual WIC Education .....	30
Phone Education .....	93
Lead .....	38
Hemoglobins .....	111
ASQ Developmental Screenings .....	80
Depression Screenings .....	55
EPSTD'S .....	50
Flouride Varnish (Oral Health) .....	57
Number of Vision Tested .....	1
Number of Hearing Tested .....	1
Pregnancy Tests .....	0

### Family Case Management

APORS Investigations .....	13
Healthworks Caseload .....	72

### Communicable Disease Investigations

Animal Bites .....	4
Chickenpox .....	0
Cryptosporidiosis .....	0
Hepatitis B .....	3
Hepatitis C .....	7
Histoplasmosis .....	1
HIV/AIDS Cases Investigated .....	0
HIV Test .....	3
Salmonellosis .....	0
Streptococcal Infections (Group A) .....	0
Whooping Cough (Pertussis) .....	1

### Sexually Transmitted Disease

Chlamydia .....	19
Gonorrhea .....	4
Syphilis .....	3

### TB (Tuberculosis)

Tests Administered .....	18
New LTBI .....	1
New Suspect TB Investigations .....	0
New Active Cases .....	0

### Lab Draws

<b>Private Pay</b>	
Salem Office .....	76
Centralia Office .....	35
Total Private Pay Lab Draws .....	111

### Environmental Health

#### Food

Routine Inspections .....	33
Follow-up Inspections .....	3
Complaint Inspections .....	0
Temporary Inspections .....	0
Pre-Operational Inspections .....	2
Emergency Incident Inspections .....	0
Number of Permits Issued .....	13
Cottage Food Permits Issued .....	0

#### Sewage

Routine Inspections .....	7
Complaint Inspections .....	0
Realty Inspections .....	0
Sewage Systems Installed .....	7
Number of Permits Issued .....	7

#### Water

New System Inspections .....	0
Existing Water Well Inspections .....	0
Realty Inspections .....	0
Complaint Inspections .....	0
Water Wells Sealed .....	0
Number of Permits Issued .....	0

#### Closed Loop Wells

Closed Loop Well Inspections .....	1
Systems Installed .....	1
Number of Permits Issued .....	0

#### Tanning

Routine Inspections .....	1
Follow-up Inspections .....	0
Complaint Inspections .....	0

#### Body Art

Routine Inspections .....	1
Follow-up Inspections .....	0
Complaint Inspections .....	0

### FIT Test

Female .....	0
Male .....	0