



118 Cross Creek Blvd., Salem IL 62881
618-548-3878

1013 N. Poplar, Centralia IL 62801
618-532-6518

www.marioncountyhealthdept.org

NOVEMBER HEALTH BULLETIN



WORLD DIABETES MONTH

In the United States, 96 million adults -more than 1 and 3- have prediabetes. More than 8 in 10 of them don't know they have it.



Insulin is a hormone that acts like a key to let blood sugar into cells for use as energy. If you have prediabetes, the cells in your body don't respond normally to insulin. Your pancreas makes more insulin to try to get cells to respond. Eventually your pancreas can't keep up, and your blood sugar rises, setting the stage for prediabetes-and type 2 diabetes down the road.

-  With prediabetes, blood sugar levels are higher than normal but not high enough for a type 2 diabetes diagnosis.
-  Prediabetes is serious health condition that increases your risk of developing type 2 diabetes, heart disease, and stroke.
-  The good news-if you have prediabetes, a healthy lifestyle change can help!

To celebrate World Diabetes Month, during the month of November, the health department is pleased to offer a discounted rate on:

Hemoglobin A1C

\$15

 **CALL FOR AN APPOINTMENT!**
618-548-3878 SALEM
618-532-6518 CENTRALIA

Sources: <https://www.cdc.gov/diabetes/prevention-type-2/prediabetes-prevent-type-2.html>.



Marion County Board of Health

Mike Morton, RPh
Kendra Taylor, DNP, RN
Tom Turner, MS

Paula Strother, RN
Keith Kessler, BS, JD
Seth Hahs, MD

Matthew Stedelin, MD
Kyle Clark, DMD
Michael Douglas, DVM

Marion County

September 2025 Statistics

Clinics

Blood Pressure
Persons served: Blood Pressure 0

Paternity Testing Clinics2
Number of Persons Tested8

Immunizations

Number of Clinics7
No. of adults 68
No. of adults immz. adm62
No. of pediatrics128
No. of pediatrics immz. adm 246
Total of vaccines administered.... 308

Children's Immunizations

Pediarix..... 15
Pediatric Flu5
Hib 21
Pneumococcal 19
Rotavirus8
Hep A.....22
Dtap 12
MMR..... 13
Tdap.....23
Hepatitis B.....5
Varicella..... 13
Kinrix..... 16
Gardasil9
Meningitis34
ProQuad22
IPV (Polio).....9
Td 0
Men. B.....0
Nirsevimab/RSV.....0
COVID-19.....0

Adult Immunizations

Hepatitis A3
Hepatitis B 0
Flu42
Men. B 0
Meningitis 0
MMR..... 1
Pneumonia 23 0
TD.....0
Tdap.....7
Typhoid..... 0
Varicella..... 1
Yellow Fever 0
Pevnar 20.....3
Shingrix.....1
RSV.....0
COVID-19.....0

Maternal Child Health (MCH)

Maternal Health Encounters 393
WIC Caseload1,098
WIC Clients receiving Education..130
WSSM / WIC Education 39
Internet WIC Education 4
Individual WIC Education17
Phone Education 70
Lead.....41
Hemoglobins 82
ASQ Developmental Screenings 67
Depression Screenings 49
EPSDT'S 43
Flouride Varnish (Oral Health).....47
Number of Vision Tested 0
Number of Hearing Tested 0
Pregnancy Tests 0

Better Birth Outcomes-Comprehensive

APORS Investigations 5

Healthworks Caseload 57

Communicable Disease Investigations

Animal Bites.....8
Chickenpox 0
Cryptosporidiosis 0
Hepatitis B 5
Hepatitis C 6
Histoplasmosis 0
HIV/AIDS Cases Investigated1
HIV Test..... 10
Salmonellosis 2
Streptococcal Infections (Group A) .0
Whooping Cough (Pertussis) 0

Sexually Transmitted Disease

Chlamydia 11
Gonorrhea 4
Syphilis.....1

TB (Tuberculosis)

Tests Administered.....30
New LTBI..... 2
New Suspect TB Investigations. 0
New Active Cases..... 0

Lab Draws

Private Pay

Salem Office46
Centralia Office30
Total Private Pay Lab Draws..... 76

Environmental Health

Food

Routine Inspections.....33
Follow-up Inspections5
Complaint Inspections0
Temporary Inspections 16
Pre-Operational Inspections2
Emergency Incident Inspections0
Number of Permits Issued43
Cottage Food Permits Issued 1

Sewage

Routine Inspections.....11
Complaint Inspections 1
Realty Inspections0
Sewage Systems Installed..... 12
Number of Permits Issued 7

Water

New System Inspections.....0
Existing Water Well Inspections.....0
Realty Inspections0
Complaint Inspections0
Water Wells Sealed0
Number of Permits Issued.....0

Closed Loop Wells

Closed Loop Well Inspections0
Systems Installed0
Number of Permits Issued 1

Tanning

Routine Inspections..... 1
Follow-up Inspections0
Complaint Inspections0

Body Art

Routine Inspections.....0
Follow-up Inspections0
Complaint Inspections0

FIT Test

Female.....0 Male.....0

