MARION COUNTY HEALTH DEPARTMENT

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NOVEMBER
HEALTH BULLETIN



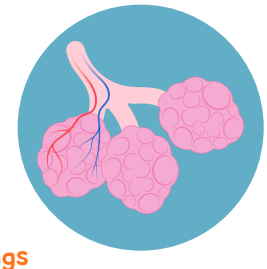
WHAT IS COPD

Chronic obstructive pulmonary disease (COPD) is the overall name for a group of lung conditions. This group includes emphysema & chronic bronchitis.

COPD CONDITIONS

Emphysema

The air sacs (alveoli) in the lungs become damaged making larger sacs. These larger sacs do not transfer oxygen from the air to the blood as well. Overall creating the feeling of shortness of breath.



Chronic bronchitis

The lining of the bronchial tubes in the lungs becomes inflamed, causing coughing and shortness of breath. When this inflammation remains long term, it becomes chronic.

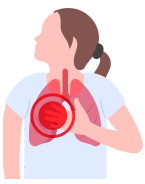
SYMPTOMS

- Shortness of breath
- Tightness in the chest
- Frequent coughing (with and without mucus)
- Wheezing
- Unusual tiredness

CAUSES OF COPD



- Smoking
- Chemical exposure
- Dust exposure
- Air pollution
- Genetics



COPD DIAGNOSIS

- Checking your symptoms
- Blood tests
- Chest X-ray
- Spirometry test

COPD TREATMENT

- Pulmonary rehab
- Inhalers
- Lung transplant
- Stop smoking, smoking is the number one cause of COPD in the U.S.

COPD SELF MANAGEMENT

- Exercise regularly
- Keep a healthy weight
- Breathing exercises
- Vaccinations, flu or pneumonia shot



Leaving symptoms misdiagnosed, untreated, or undertreated may cause them to worsen faster than if they were treated with proper medication and therapy. Many adults with COPD are incorrectly diagnosed with asthma. Providing a proper diagnosis means individuals will receive the right treatments and follow-up monitoring. There is no cure yet for COPD, but treatments are available to help individuals live better with this condition. It is always important to talk with your health care provider about your COPD and any other health problems you may have. Then you can work together as a team for your best possible quality of life.

Sources: https://www.cdc.gov/nchs/fastats/deaths.htm

Public Health

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Marion County

September 2026 Statistics

Clinics

Blood Pressure
Persons Served....16

Paternity Testing Clinics....1
Number of Persons Tested 1

Immunizations

Number of Clinics 5
No. of adults 12
No. of adults immz. adm....10
No. of pediatrics 97
No. of pediatrics immz. adm....194
Total of vaccines administered...204

Children's Immunizations

Pediarix....17
Pediatric Flu....0
Hib 21
Pneumococcal....23
Rotavirus....9
Hep A....15
Dtap....12
MMR....12
TdaP 18
Hepatitis B....2
Varicella....14
Kinrix....8
Gardasil 3
Meningitis 29
ProQuad....9
IPV (Polio)....2
Td 0
Men. B 0
Nirsevimab/RSV....0
COVID-19....0

Adult Immunizations

Hepatitis A 0
Hepatitis B....3
Flu 2
Men. B....0
Meningitis 1
MMR....0
Pneumonia 23....0
TD....0
Tdap 1
Typhoid 1
Varicella 0
Yellow Fever 1
Prevnar 20....0
Shingrix 1
RSV....0
COVID-19 0

Maternal Child Health (MCH)

Maternal Health Encounters 374
WIC Caseload 1,029
WIC Clients receiving Education...119
WSSM/WIC Education 39
Internet WIC Education....11
Individual Education 23
Phone Education 46
Lead....48
Hemoglobins....84
ASQ Developmental Screenings....68
Depression Screenings....36
EPSDT'S 35
Flouride Varnish (Oral Health)....57
Number of Vision Tested....0
Number of Hearing Tested....0
Pregnancy Tests....0

Better Birth Outcomes-Comprehensive

APORS Investigations 1

Healthworks Caseload....56

Communicable Disease Investigations

Animal Bites....11
Chickenpox 0
Cryptosporidiosis....0
Hepatitis B 4
Hepatitis C....3
Histoplasmosis 0
HIV/AIDS Cases Investigated 0
HIV Test 3
Salmonellosis 2
Streptococcal Infections (Group A)...1
Whopping Cough (Pertussis)....0

Sexually Transmitted Disease

Chlamydia....27
Gonorrhea....14
Syphilis 4

TB (Tuberculosis)

Tests Administered....7
New LTBI....0
New Suspect TB Investigations....0
New Active Cases....1

Lab Draws

Private Pay
Salem Office 67
Centralia Office 24
Total Private Pay Lab Draws 91

Environmental Health

Food

Routine Inspections 36
Follow-up Inspections....10
Complaint Inspections 1
Temporary Inspections 23
Pre-Operational Inspections 4
Emergency Incident Inspections 0
Number of Food Permits Issued...33
Category Changes....0
Closed Food Establishments....2
Cottage Food Permits Issued....0

Sewage

Routine Inspections 8
Complaint Inspections....0
Realty Inspections....0
Sewage Systems Installed....10
Number of Permits Issued....12

Water

New System Inspections 0
Existing Water Well Inspections 0
Realty Inspections 0
Complaint Inspections....0
Water Wells Sealed 0
Number of Permits Issued 0

Closed Loop Wells

Closed Loop Well Inspections....0
Systems Installed 0
Number of Permits Issued 0

Tanning

Routine Inspections 0
Follow-up Inspections 0
Complaint Inspections....0

Body Art

Routine Inspections 0
Follow-up Inspections....0
Complaint Inspections....0

FIT Test

Female....0 Male....0

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